

SCHOOL NEWSLETTER | JULY 2024

LEALANDS NEWS

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DATES FOR
YOUR DIARY

NEW SENIOR
STUDENT LEADERS
FOR 24/25

CULTURE DAY 2024

VALENCIA 2024

EXPERIENCE
DAY 2024

PLUS MORE...






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High School

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Find us on  |  @Lealandshigh |  @LealandsHigh

Excellence

Responsibility

Respect

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INTRODUCTION

FROM HEADTEACHER, MR BURRIDGE



Dear Parent/Carer,

We have had an amazing term here at Lealands. We have met our new Year 7 students on a fantastic transition day; retained the Town Sports Trophy for the third year in a row; enjoyed sports days; been thoroughly entertained at the Summer Concert; viewed amazing art work at the Exhibition; learned all about the many cultures represented in the school at our fabulous Cultural Heritage Day and viewed the incredible work of our Year 7 students at their Evening of Excellence. We also had a wonderful farewell celebration with our Year 11 students at their final assembly in school and their Prom at Luton Hoo Walled Gardens. Students have visited our internal

Careers Day where they thought about all their future options and over 700 students (the most ever) went out for a fantastic Experience Day. I even had the joy of visiting those in Harpenden on that day this year. It was a fantastic experience to play, socialise, travel by train and visit an area many hadn't been to before.

This edition of the Newsletter includes many of these events and some of the other highlights from this term where we have been able to support the wider development of our students through many exciting opportunities as well as achieve numerous successes.

As we come towards the end of the academic year, we reflect back on a fantastic year as the school has gone from strength to strength continually developing and further improving. Our priority for the coming year is to really focus on excellent attitudes to learning and ensuring all students know what characteristics and behaviours lead to success. Staff have been working this term to ensure we are all clear and consistent on our expectations and the training we will give to our students intensively in September. Your support with meeting the uniform, equipment, attendance and punctuality expectations communicated in recent letters is crucial to your child's positivity and success from the moment they arrive at school.

We are all, I am sure, looking forward to a well deserved break and all that next year will bring.

It just leaves me to introduce our newly appointed Head Girl and Boy as well as their Deputies on the next page and wish you all a safe and enjoyable summer.

Mr J Burridge
Headteacher

INTRODUCING OUR NEW STUDENT LEADERS

2024/2025

We are thrilled to announce the appointment of our new Head Girl, Tahlia, and Head Boy, Harry. They embody our core values of excellence, responsibility and respect and we have no doubt they will lead by example.



Joining them in their roles as Deputy Head Girl, Deputy Head Boy and Head of Student Voice are Joni, Zach and Fareed, who have shown exceptional dedication and commitment throughout the selection process.

Their selection process involved rigorous interviews, and they emerged as outstanding candidates whose qualities align perfectly with our school values and we couldn't be prouder of their accomplishments. We extend our warmest congratulations to them on their well-deserved roles.

As ambassadors for our school, we are confident that they will excel in their positions and make us proud every step of the way.

DATES FOR YOUR DIARY

Year 7 Charity Disco:
End of Summer Term:

Wednesday 17th July 2024
Friday 19th July 2024*

**Year 7 & 8 finish at 12.20pm / Year 9 & 10 finish at 12.30pm.*

GCSE Results Day:
Autumn Term Begins:

Thursday 22nd August 2024
Wednesday 4th September 2024**

***See tables below for arrival and start times for September 2024.*

Students will return for the Autumn term on Wednesday 4th September at the following times:-

Year group	Time of arrival	Time of line up	Entrance
7	8:20am	8:30am	Main entrance - silver gate
8	10:15am	10:25am	Courts entrance
9	10:15am	10:25am	Main entrance - green gate
10	11:15am	11:25am	Courts entrance
11	11:15am	11:25am	Main entrance - silver gate

Normal arrival and leaving times from Thursday September 5th for all year groups will be as follows:-

Year group	Arrival window	Time of line up	End of day if not attending clubs	Entrance
7	8:20-8:30am	8:30am	3:00pm	Main entrance - silver gate
8	8:20-8:30am	8:30am	3:00pm	Courts entrance
9	8:20-8:30am	8:30am	3:00pm	Main entrance - green gate
10	8:45-8:55am	8:55am	3:20pm	Courts entrance
11	8:45-8:55am	8:55am	3:20pm	Main entrance - silver gate

TERM DATES:

Autumn Term: Wednesday 4th September - Friday 20th December
Half Term: Friday 25th October - Friday 1st November 2024

STAFF TRAINING DAYS - SCHOOL CLOSED:

Monday 2nd September 2024
Tuesday 3rd September 2024
Friday 25th October 2024

Full academic term dates for
2024-2025 can be found on the
school website:
[https://www.lealands.luton.sch.uk/
termdates](https://www.lealands.luton.sch.uk/termdates)

VALUE OF THE MONTH

July 2024

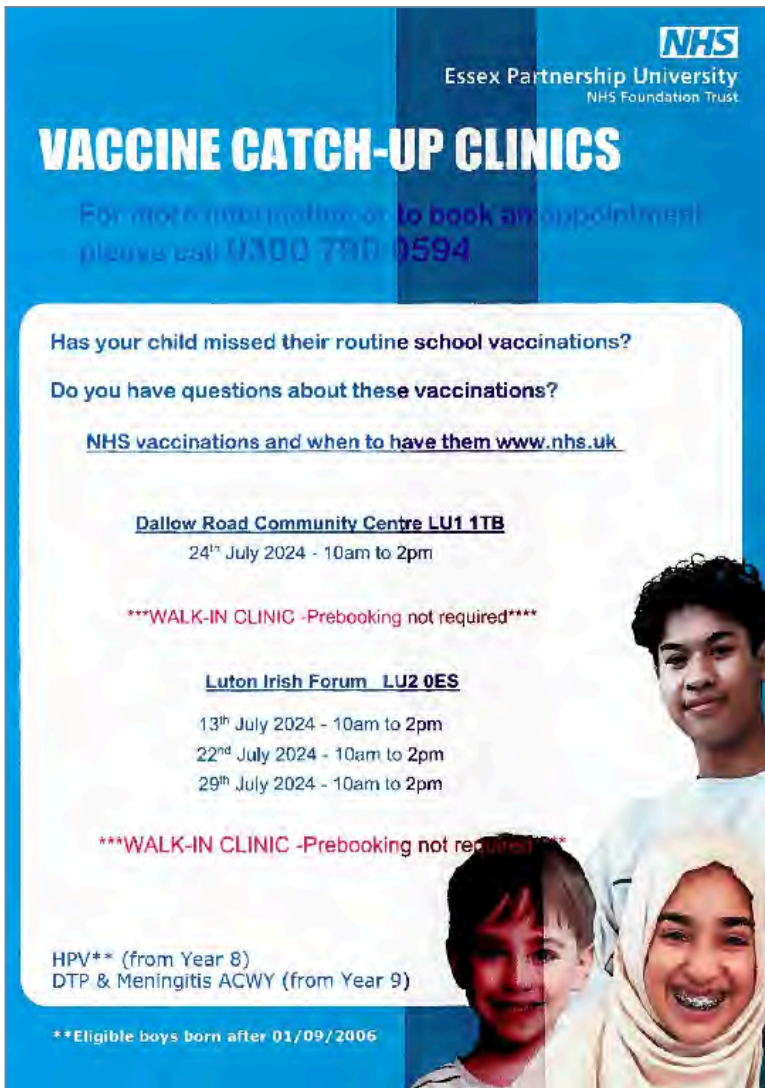
"Reflection"



By reflecting back on what we have done we learn to develop and grow.

Take time this month to reflect back on your successes and failures.

SCHOOL VACCINATIONS



NHS
Essex Partnership University
NHS Foundation Trust

VACCINE CATCH-UP CLINICS

For more information or to book an appointment please call 0300 790 0594

Has your child missed their routine school vaccinations?
Do you have questions about these vaccinations?

NHS vaccinations and when to have them www.nhs.uk

Dallow Road Community Centre LU1 1TB
24th July 2024 - 10am to 2pm

WALK-IN CLINIC -Prebooking not required

Luton Irish Forum LU2 0ES
13th July 2024 - 10am to 2pm
22nd July 2024 - 10am to 2pm
29th July 2024 - 10am to 2pm

WALK-IN CLINIC -Prebooking not required

HPV** (from Year 8)
DTP & Meningitis ACWY (from Year 9)

**Eligible boys born after 01/09/2006

Advance Notice of Immunisations In 2024-2025.

Flu Vaccination for all students
- 3rd October 2024

DTP/Meningitis ACWY - Y9
- 16th and 23rd January 2025

HPV Vaccination - Y8
- 23rd May and 6th June 2025

Consent forms will be sent out to parents nearer the time.

IMPORTANT CONTACT INFORMATION

If you have changed your address, mobile number or email address during the last year and think that you may not have informed us, please email the new details to admin@lealands.luton.sch.uk as soon as possible in order for us to ensure that you receive all necessary information.

Many thanks.



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ATTENDANCE AT LEALANDS HIGH SCHOOL

We want to take a moment to explain the crucial importance of regular school attendance for your child's education. You can check your child's attendance figure by using the Epraise app.

Attending school regularly is not just a legal requirement; it is an essential part of your child's academic and personal development. All students are expected to be in school above 96% or all 190 school days.

Here are some further reasons why school attendance is so important:

1. **Academic Success:** Regular attendance ensures that your child does not miss out on important lessons, classroom discussions, and academic opportunities. This, in turn, helps them perform better in school.
2. **Social Development:** School is not just about academics; as per our school values, children at Lealands High School develop strong character and civic virtue. Consistent attendance is vital for developing these values.
3. **Habit Formation:** Attending school regularly provides a strong work ethic and the discipline needed for success in later stages of life. It teaches your child the importance of responsibility and punctuality which is vital beyond life at Lealands High School.
4. **Teacher-Student Interaction:** Regular attendance allows teachers to provide individualised support and guidance to your child, addressing their unique needs and helping them thrive.
5. **Preparation for the Future:** Your child's educational journey is building the foundation for their future. Consistent attendance sets the stage for higher education and career opportunities

We understand that occasional illnesses and family emergencies may result in absences. In such cases, please inform the school as soon as possible through My Ed, so we can work together to ensure your child is back in school at the earliest opportunity.

If you encounter any challenges that affect attendance, please do not hesitate to reach out to your child's Head of Year/PSM for support and guidance. Your cooperation and active involvement in your child's education is greatly appreciated.

Thank you for your understanding and commitment to your child's education.

Lealands High School Attendance Team

THERAPY RABBITS UPDATES

STAFF AND STUDENTS HAVE BEEN ENJOYING GETTING TO KNOW THE RABBITS



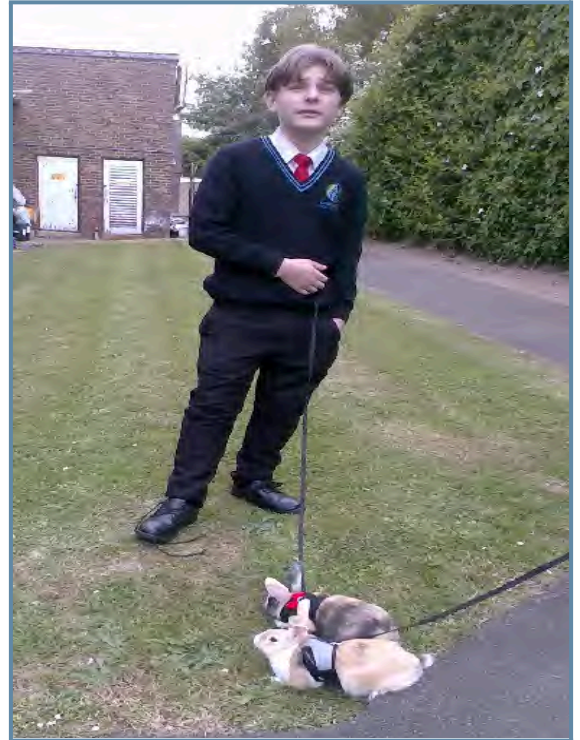
THErapy RABBITS UPDATES

Our student support rabbits have settled into Lealands school life very well.

- They have enjoyed going out for walks.
- Lots of cuddles.
- And best of all the food.

Students and staff have found them to be very relaxing and have enjoyed cuddling them.

We would like to thank the students, staff and the community that have given resources to make having the rabbits at school a great success. A bake sale and drinks sale helped to raise more funds on our sports days.



I love coming to student support to help look after the rabbits.
Amber Yr10

I love taking the rabbits outside at lunch on the field.
Olivia Yr8

Having the rabbits in School help me to feel happy they are so soft.
Aden Yr8

Students' Comments:

Having the rabbits at school is fun. I love seeing them and helping to care for them.
Connie Yr10

The rabbits make me smile.
Michal Yr8

I Love coming to visit my little loaf (Rabbits).
Damien Yr7

RAMPAGING CHARIOTS TOURNAMENT

What an exciting event at an awesome venue! On Saturday 29th June, we entered a team from Lealands High School, into a competition to construct and compete with a radio controlled chariot at the Leonardo Luton 2024 Rampaging Chariots tournament.



Each summer, Leonardo hosts a series of Robotic Games across its UK sites. Originally held in Edinburgh in 2006, the games encourage problem-solving, creativity and camaraderie in teams of aspiring engineers.

Working with Rampaging Chariots, the games see young people testing their powerful and lightweight robots in a series of challenges.

Participation in the Robotic Games provides an excellent engineering challenge which can inspire participating students about Science, Technology, Engineering and Maths (STEM) through:

- Design and technology
- Wood and metal working skills
- Basic electronic engineering
- Electrical skills
- Radio control

The Rampaging Chariot is a radio controlled robot built from a kit provided by Leonardo, which is then modified and improved upon by schools and youth groups. The kits were created by Leonardo engineer and famous test pilot, Peter Bennett, who designed and built the Typhoon robots featured on the television programme Robot Wars – winning many awards along the way.

RAMPAGING CHARIOTS TOURNAMENT

Our Team from Year 10, led by Mr Donkor, are studying the New OCR Engineering Design Course: **Andreea, Leah, Dumitru, Ibrahim, Kyle, Abrar and Ciaran.**

We had to construct our chariot using the given kit and instructions, and then compete in four thrilling events: sumo, tug of war, obstacle course, and football match. We were going up against several competing schools, each with their own talented teams of engineering design students.



The key strategies were :

1. Start early - we have 12 hours to build our chariot, so we had to plan and start building as soon as our kit was delivered.

2. Design for flexibility - consider building a modular design that allowed us to adjust or replace parts if needed during the competition.

3. Practice communication - as a team we had to practise working together and communicating effectively during the competition.

4. Be creative - we had to think outside the box and come up with innovative solutions to problems we may have encountered during the competition.

Our team was awarded the best newcomer award. We were fully invested in our entry. Leah designed and built the chassis of the chariot as well as the design of our team t-shirts and matching tote bags.

Andreea worked under the supervision of Mr Donkor to put together the electronics as well



RAMPAGING CHARIOTS TOURNAMENT

as having designed the logo licence plate used on the chariot and the merchandise. 3D and textile printing of team merchandise was courtesy of Mr Butterfield.

Dumitru led the rest of the team with fitting the components to the chassis.



For those hoping to get involved in this competition next year, here's a breakdown of the competition schedule and rules for each event:

Event 1: Sumo

- Objective: Design a chariot that can withstand collisions with other chariots without compromising its structural integrity.
- Rules: Each team will pair up against another team in a sumo-style competition. The last chariot standing wins.

Event 2: Tug of War

- Objective: Design a chariot that can pull a weight or another chariot across a designated distance.
- Rules: Teams will be divided into pairs and compete in a tug-of-war competition. The team that pulls the most distance or pulls the other chariot across the finish line wins.

RAMPAGING CHARIOTS TOURNAMENT

Event 3: Obstacle Course

- Objective: Design a chariot that can navigate an obstacle course efficiently and quickly.
- Rules: Teams will send their chariots through an obstacle course, and the fastest time wins.

Event 4: Football Match

- Objective: Design a chariot that can move and control on a football field while scoring goals.
- Rules: Teams will play a game of radio-controlled football, with goals at each end of the field. The team that scores the most goals wins.

We are really looking forward to taking the knowledge from this year and being the team to watch out for next year!

Mrs Mathurin

Director of Design Technology

LITERACY UPDATE

The Year 7 and 8 students who made the most progress in their Literacy groups from the Spring Term are:

Year 7 - Minahil Siddique Mushtaq
Year 8 - Ayden Afzal

You will both receive a £10 Amazon voucher.

Congratulations on all your hard work, keep it up!

SPORTS: CELEBRATING ATHLETICS SUCCESS!



As announced in our previous newsletter, our Year 10 and 11 students finished in first place at the Intermediate Athletics Cup May.

On Thursday 16th May, it was the turn of our Year 8 & 9 students to compete in the Junior Athletics Cup.

The girls performed brilliantly finishing in first place. The boys finished a super respectable 4th, which meant an overall 2nd place for the junior team!

Finally, was our new Year 7 team competing at Stockwood Park for the first time on Tuesday 4th June. Many of these students were performing in track and field events for the first time at a competition. They all did amazingly well; the boys coming in first place and the girls in second place which meant 1st place overall.

These competitions were the warm up for Town Sports, which took place on Friday 28th June. After winning for the last 2 years, we were aiming to win for a third time in a row and after great performances in the cups we had high hopes.

After a long day of events and many students awarded medals for top 3 performances, the results were in and Lealands did retain their title of Luton Town Sports Champions! An amazing effort by everyone. We are very proud of this super talented team!



MOST ABLE UPDATE

It has been a fantastic year for the most able cohort over the past 11 months. There has been lots going on across the school, so well done to all the students who have got involved.

Over the last term, we have once again been busy visiting some fantastic educational establishments.

Both the Year 9s and the Year 10s have had the opportunity to visit the British Library in London. The Year 9s got the opportunity to take part in a creative writing workshop with the library's education staff.

As a result of their brilliant writing and high levels of involvement, Lealands got invited back for another event this month. This time we got to meet British author Jeffrey Boakye and the curator of the latest Library exhibition, Dr Aleema Gray as they discussed a History of Black British Music over the last 500 years. The students then got to visit the exhibition and tour the Library. All students report having had an excellent time.



The Wadham project students and a select ten other students got to spend the day at Wadham College Oxford. Currently the best University in the world. They got to meet current Oxford students, toured the campus and took part in a Chemistry problem solving session. Well done to all students involved, but especially the 5 Wadham Students who have been so positive in

MOST ABLE UPDATE



their approach to the extra opportunities throughout the year.

The Wadham students have also received their summer reading project as part of the Wadham programme. Students got to pick a subject that is an area of interest to them. They then have to complete a short book review.

The Wadham project will happen again next year for the new Year 10s, so if you are interested, then please speak to Mr Pearson.

Lastly, the Year 7 most able cohort has been positively working through the newly launched challenge programme.

Well done to all the students who have started working their way through this term's challenges, especially Noah P who has finished the first round of challenges.



WHERE ARE THEY NOW?

FORMER HEAD GIRL INSPIRES OUR CURRENT STUDENTS

Nadine Scarlett
Lealands Student 2011 – 2016
Head girl

Recently, we had the privilege of welcoming back one of our esteemed alumnae, Nadine Scarlett, to speak to our Year 7 and Year 9 students. In an engaging assembly, Nadine shared her inspiring journey from her time at Lealands to becoming a successful freelance photographer, lighting assistant, and creative director.

During her talk, Nadine emphasised the importance of exploring new opportunities and seizing every moment. She discussed the various paths she explored after leaving Lealands and encouraged students to be open to trying different things.

The visit also included an interactive lighting workshop, giving students a hands-on experience of Nadine's professional work. This session not only provided valuable insights into the field of photography and lighting but also inspired our students to pursue their passions with enthusiasm and creativity.



DUKE OF EDINBURGH

BRONZE EXPEDITION 26TH-27TH JUNE 2024

10 Year 9 students completed their DofE expedition in the most testing of conditions recently. They had to endure temperatures of over 30 degrees whilst carrying heavy rucksacks....and getting lost!

Their journey started at the beginning of the year when they signed up for the internationally recognized qualification. They had to complete 3 other sections before being let loose in the great outdoors. Skill, Physical and Volunteering make up the other mandatory components of the Award. Our students were asked to reflect on what they did and how this made them feel.

Charlie said that, 'DofE means to me, to become a better person and to become a better influence on others'. He played piano for his skill section, developed his fitness for his physical section and helped an elderly family friend for his volunteering section.



Zoe said that, 'DofE means to me to develop and grow in different ways and understand more about the outdoors.'



Holly said, 'DofE means I can learn new skills and step out of my comfort zone. Idris said, 'DofE means I can learn new things and maintain my physical health'. Kieran said, 'DofE means to make new friends and help others in different ways'.

Our students have volunteered in many ways across our school and the community in general. They have helped the elderly and volunteered at church and in a Food Bank. They have raised money for charities and helped tutor and coach younger children. In total from 1st April 2023 to 31st March 2024 they volunteered for a massive 377 hours to make our community a better place. The expedition is the final part of 'their journey' and some say it is the most difficult. I can confirm that carrying a heavy rucksack in temperatures of over 30 degrees is no picnic but they all completed the 2 day adventure! There were some tears, a few blisters and a lot of aches and pains by the time we got back

DUKE OF EDINBURGH

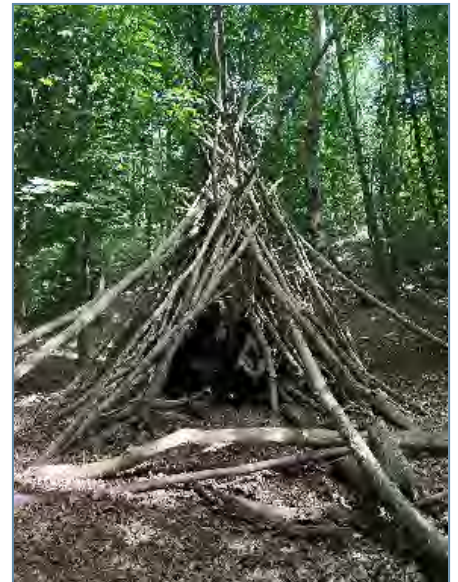
BRONZE EXPEDITION 26TH-27TH JUNE 2024

to Lealands, but I hope now that they have had a few good night's sleep, that they will start to reflect upon what they have all achieved. After all, this Award is not internationally recognised because it is easy. It is far from easy! And everyone that completes it, deserves great credit!

Congratulations: Zoe, Holly, Laila, Jade, Kieran, Charlie, Tristan, Temba, Lucas and Idris.

INTRODUCTION TO DUKE OF EDINBURGH

Two groups of year 8 students went on a trip to Ampthill Park for their introduction to the Duke of Edinburgh Award. During the day, they practised learning new skills such as teamwork, map reading and pitching tents. The students had a fantastic time and now need to make the decision if they would like to take on the challenge for real when they go into Year 9.



“We want to do DofE because it sounds like an exciting adventure with many opportunities to experience new things. It also allows us to be outside doing activities such as walking, camping and hiking. Another reason that we are excited to do Duke of Edinburgh is so that we can do volunteer work which lets us give back to our community. Helping people can make us feel good and it is important to make a positive impact on the world around us. Plus, volunteering can be really fun and we can even find a new hobby or passion. Lastly, DofE will help us grow as people. It can teach us teamwork, communication skills and problem-solving. These skills are important because it can help us navigate through life and school and maybe even after. Also, completing the DofE can look good when applying for colleges because it shows that we have resilience. Our favourite part of the day was taking our group photo. In conclusion, DofE is going to be a great experience for us.”



By Intro to DofE Year 8 Team

SKILLS BUILDER WORKSHOP WITH LUTON AIRPORT

In partnership with Skills Builder, Luton Airport came in to work with our Year 8 students providing them with a first-hand insight into what it's like to work for the Airport, whilst building students' confidence to apply key employability skills that they will need for a successful future. The workshop included practical activities based on real life scenarios and challenges that the airport faces today.



LEALANDS CAREERS FAIR

On Friday 21st June, Lealands hosted its Careers Fair for students in Years 7-10. With over 20 representatives from local and national businesses, further education colleges, universities, apprenticeship providers along with the armed forces and the emergency services in attendance, they helped to inspire the next generation. Our annual Careers Fair has proved to be an excellent opportunity for our students to gain valuable face-to-face time with potential recruiters and specialists in their fields as many consider their future beyond Lealands or what options they wish to take for GCSEs.



FORMER STUDENT INSPIRES AT CAREERS FAIR

I had the opportunity to share my journey from being a student at this very school to now studying psychology and working within the NHS. It was incredibly fulfilling to be back in the same environment that played such a significant role in shaping my future.

Talking to the students about different career paths within the NHS and how they can balance part-time work with their studies was truly rewarding. I could see the spark of interest in their eyes as they learned about the various opportunities available to them.

One of the highlights was seeing my old teachers again. Out of habit, I addressed one as "Sir," and he humorously insisted I call him by his first name, Ian. It was a nostalgic reminder of how much things have changed and yet how some things, like the respect for a mentor, remain the same.

Sharing real-life examples from my experiences with education, my degree, and my current work position really helped me connect with the students. It felt great to provide them with insight into the options they have and to encourage them to explore the possibilities that lie ahead.

Upon reflection, I feel incredibly grateful for the opportunity to inspire and guide the next generation. It's amazing to think that just a few years ago, I was in their shoes, and now I'm in a position to help them navigate their own journeys.

By Sadia Rahman - Charity Assistant, Bedfordshire Hospitals NHS Charity

SUMMER CONCERT

On Thursday 4th July, our talented students took the stage at our annual Summer Concert with captivating performances in the various aspects of performing arts.

Thank you to everyone who came and supported our students by attending the event.



SUMMER CONCERT



LEALANDS HOSTS TOWN ROUNDERS FINALS

On Wednesday 10th July, Lealands hosted the annual rounders finals. All four teams were excellent during their qualifying matches and all age groups made the finals.

Year 7 girls defeated Denbigh to go into the final, where they secured a great win against Putteridge to be crowned Luton Town Champions!

Year 8 girls narrowly lost their semi final against Putteridge who were the eventual champions. A close match with Chiltern ended in a draw therefore was decided on number of outs, meaning they finished in 4th place overall.

Year 9 girls won a close game against Putteridge to make the final against Chiltern. Another tight encounter saw them beaten by just 2 rounders meaning they came 2nd place overall.

U16 girls won their semi-final against Denbigh to progress to the final where they lost out to a strong Putteridge side so 2nd place overall.

Overall another great rounders season. Despite some typical British weather!



CELEBRATING CREATIVITY



Art Department highlights of the year



Primary Workshops - June & July 2024
Leagrave Primary & The Meads



Staff Art Club



Mindful Art -
workshops with our
Artist in Residence



Art Competitions



**GCSE Moderator's
Visit**
- June 24

CELEBRATING CREATIVITY



Art Department highlights of the year



KS3 Frameless Visit May 24
Immersive gallery experience



Staff Art Exhibition

Step Forward Luton Ambassadors
working with Yr9 Graphics students

During the week beginning 1st July, our school came alive with the excitement and energy of our annual Sports Days. Each year group took its turn to compete, showcasing their athletic prowess and team spirit in a series of track, field, and various other sports events.

The atmosphere was electric, with students cheering each other on, demonstrating the true essence of camaraderie and sportsmanship. The roar of support from the sidelines was a testament to the close-knit community we have built, where every achievement is celebrated and every effort is acknowledged.

Well done to all students who competed and supported each other. Your great determination and sportsmanship were evident in every event, and you have all made our school incredibly proud.

Well done to everyone involved for making this Sports Day week a memorable and inspiring experience. Here's to continued success and more exciting competitions in the future!

Huge congratulations to the winning form groups from each year group:

Year 7 - 74SR, Year 8 - 85ST, Year 9 - 93KM, Year 10 - 101AB



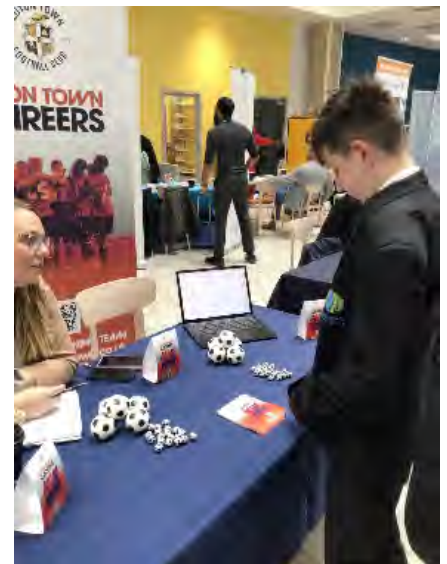
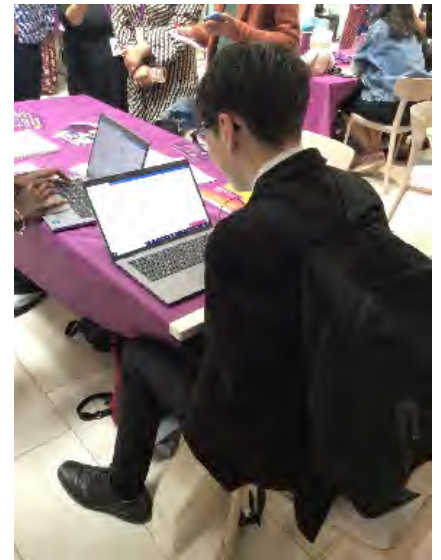
YEAR 10 BARNFIELD VISIT

In the build up to Year 11 and future avenues, Year 10 Student Support students were invited to Barnfield College to their careers events. Here the Year 10s had the opportunity to meet employers, speak to college staff and ask all the right questions to help them with their future aspirations.

The event offered a lot of insight to courses run by the college and what GCSE grades are needed to help them get on their desired course. Some of the employers included Luton Town FC, Keech Hospice, Easyjet, Bedfordshire Police, construction companies

Marsha, our school's transition adviser was also present and spoke to some of our students about potential career paths. She also had a personality quiz for our students that indicated what animal they are and the traits that this reflects. This was a good way for our students to visualise the types of careers and jobs that they may excel in.

Career events are great ways to get inspired and informed about college courses, jobs, apprenticeships, youth-friendly employers and future educational opportunities. The students really enjoyed the event and this helped to ignite thoughts about the future. We look forward to future events.



EXPERIENCE DAY 2024

On Thursday 11 July, 700 enthusiastic students set off on an unforgettable Experience Day, exploring a variety of exciting destinations. From the thrilling rides at Thorpe Park, Chessington, and Legoland, to the iconic Wembley Stadium, the adventurous Box End Water Park, and the scenic Harpenden. They also enjoyed climbing at Big Rock MK, the bustling sights of London, the seaside fun at Southend, the wild encounters at Whipsnade Zoo, and the action-packed Urban Battlefields MK. It was a day full of discovery and joy, offering experiences they will cherish.

Chessington



Legoland



Wembley Stadium



Big Rock MK



Harpenden



EXPERIENCE DAY 2024

Urban Battlefields MK



CULTURE DAY 2024



On Tuesday 9th July, we experienced an extraordinary celebration of Culture Heritage Day! Lealands was alive with vibrant colours and engaging discussions as students proudly wore traditional dress and displayed flags representing their heritage, highlighting the rich diversity within our school community.



Throughout the day, lessons had cultural themes, and assemblies featured students performing traditional dances, songs, and music, culminating in a spectacular runway show. This event aimed to celebrate our diverse cultural tapestry and provide everyone at Lealands the chance to express their unique backgrounds.



Thank you to Mr. Taplin and our Student Voice for organising this fantastic event, and to all the students and staff who contributed to making this day so memorable!



YEAR 11 PROM

On Thursday 11th July, our Year 11 prom was held at the enchanting Luton Hoo Walled Garden, creating a magical backdrop for an evening of celebration and cherished memories. Amidst the picturesque setting, the Class of 2024 gathered to commemorate this significant milestone in their academic journey.

The night was filled with excitement and anticipation, as students dressed in their finest attire danced and shared joyful moments with friends. It was an unforgettable evening, marking the end of an era and the beginning of new adventures for our students. We would like to wish them all the very best of luck for the future.



VALENCIA TRIP 2024

We were really excited to be able to take 22 students to Valencia in Spain at the start of July. It was an early start at 2.30am from Lealands to catch the flight and on arrival, straight into a walking tour of Valencia Old Town, taking in the sights of Paca de la Verge and Valencia Cathedral. The day ended with a meal at the Hard Rock Cafe followed by an aerial dance show.

Day 2 was a bit of a wet start with several months of rain in a few hours, but it quickly dried and was back to 38 degrees while we spent the day at Valencia Aquarium. It was an amazing day at Europe's largest aquarium where we watched an amazing Dolphin show and explored the 500 species of marine life. Our next stop of the day was to the Paella Workshop where everyone was involved in making our dinner! The experienced chefs were a hit with the students and the food was amazing!

Day 3 started with an underground river cruise where we boarded small boats to explore the caves and were entertained by a light and music show. We then took a quick trip to Valencia Market for lunch and to practise our Spanish. Then we moved on to the beach and had lots of fun in the sea and playing games.

Day 4 included a trip to the famous Valencian orange groves where we picked our own fruit and learnt the history of the orange trade in Valencia. Our last stop of the day was the



VALENCIA TRIP 2024

science museum to explore the mysteries of the universe before we made the journey back to Luton. The students (and staff) had a fabulous trip and we look forward to planning 2026!



SUMMER READING CHALLENGE

Just because school has ended, doesn't mean you have to stop reading! If you would like to soak up the sun whilst reading a good book, why not join your local library and take part in the Summer Reading Challenge.

Please see the link below or speak to Ms Rezaei for more info:

<https://summerreadingchallenge.org.uk/>



NEW MENUS FOR SEPTEMBER 2024


Week 1

STREATERIES LUNCH MENU		ASPENS				
WEEK 1 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 6/1, 27/1	Authentic Italian	American Diner	Home Style	Incredible India	Chips & More	
	MON	TUE	WED	THU	FRI	
MAINS	MEATBALL MARINARA PASTA BAKE <small>topped with Cheesy Garlic Grains</small>	NASHVILLE BAKED CRISPY CHICKEN BURGER <small>with Ranch Slaw</small>	ROAST PORK, STUFFING & APPLE SAUCE <small>with Gravy</small>	GARLIC CHILLI CHICKEN CURRY	Chesse from: BATTERED FISH SAUSAGE or VEG SAUSAGE <small>(battered or plain)</small>	
	ASPENS LOADED MAC & CHEESE <small>with Spring Onion, Pepper & Garlic</small>	CAJUN SPICED BAKED VEGGIE BURGER <small>with Ranch Slaw</small>	ROASTED ROOTS FILO STRUDEL	SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY	Margherita Pizza Chicken Nuggets Chips	
SIDES	CRUNCHY RAINBOW SALAD	CRISPY BAKED HOME FRIES	SKIN ON ROASTIES CARROTS & BROCCOLI	CARDAMOM RICE & GREEN BEANS	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE	
- PASTA & NOODLE POTS -						
	CARBONARA PASTA	VEGGIE THAI STYLE NOODLE POT	BOLOGNESE PASTA	CHINESE CHICKEN CHOW MEIN NOODLES	CARBONARA PASTA	
BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN						
BIG BOWL SALAD	CHICKEN CAESAR SALAD	FALAFEL & POMEGRANATE COUSCOUS SALAD	QUINOA & FETA SUPERFOOD SALAD	HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD	TIKKA CHICKEN & MINT YOGURT SALAD	
DESSERTS	WARM LEMON DRIZZLE SPONGE <small>with Custard</small>	BLACK & WHITE SHORTBREAD COOKIE	STICKY TOFFEE PUDDING <small>with Toffee Sauce</small>	FLAPJACK	STRAWBERRY TRIFLE POT	
Daily Meal Deals Regular Chef's Specials	Freshly Made from Scratch DAILY!		Fresh Cut Fruit & Yogurt Pots <small>Available Daily</small>	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	DELI KITCHEN HOT GRAB & GO	






Week 2

STREATERIES

LUNCH MENU




WEEK 2
9/9, 30/9, 21/10, 11/11,
2/12, 23/12, 13/1, 3/2

	 GERMAN HAUS	 INCREDIBLE INDIA	 Home STYLE	 HACIENDA MEXICANA	 Chips & More
	MON	TUE	WED	THU	FRI
MAINS	CURRYWURST In a crusty baguette	PULLED CHICKEN TIKKA PIE	BRITISH PORK SAUSAGE TOAD IN THE HOLE with Onion Gravy	SMOKED CHILLI BEEF OVER RICE with Smashed Nachos, Spring Onion & Sour Cream	Choose from: BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain) ✓ Margherita Pizza ✓ Chicken Nuggets ✓ Chips ✓
SIDES	POTATO SALAD BRAISED CABBAGE	CHANA MASALA STUFFED PIE ✓ CRISPY BOMBAY POTATOES, CUMIN ROAST CARROTS & PARSNIPS	QUORN SAUSAGE TOAD IN THE HOLE ✓ with Onion Gravy SKIN ON GARLIC ROASTIES GREEN BEANS	VEGGIE BEAN CHILLI LOADED NACHOS ✓ with Spring Onion & Sour Cream SMOKY CORN	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE ✓
- PASTA & NOODLE POTS -					
CARBONARA PASTA		VEGGIE THAI STYLE NOODLE POT ✓	BOLOGNESE PASTA	CHINESE CHICKEN CHOW MEIN NOODLES	CARBONARA PASTA
ITALIAN TOMATO PASTA - DAILY ✓					
BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN					
BIG BOWL SALAD	CLASSIC NICOISE WITH EGG	BRIGHT & LIGHT CHICKEN PASTA SALAD	SUPERFOOD GREEN SALAD	ASIAN CUCUMBER, EDAMAME & NOODLE SALAD	JERK CHICKEN & PINEAPPLE SALAD
DESSERTS	APPLE CRUMBLE with Custard	SHORTBREAD	NEW YORK VANILLA BAKED CHEESECAKE	BROOKIE	WARM WHITE CHOCOLATE BLONDIE with Custard
Daily Meal Deals Regular Chef's Specials	Freshly Made from Scratch DAILY!		Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	DELI KITCHEN HOT GRAB & GO






Week 3

STREATERIES

LUNCH MENU



WEEK 3
16/9, 7/10, 28/10, 18/11,
9/12, 30/12, 20/1, 10/2

	 Authentic Italian	 PAN ASIAN	 Home STYLE	 Cocina ESPAÑA	 Chips & More
	MON	TUE	WED	THU	FRI
MAINS	TUSCAN SAUSAGE LASAGNE	KUNG PAO PULLED PORK	CREAMY CHICKEN & PUFF PASTRY PIE	SMOKY ALBONDIGAS (Meatballs)	Choose from: BATTERED FISH SAUSAGE or VEG SAUSAGE (battered or plain) ✓ Margherita Pizza ✓ Chicken Nuggets ✓ Chips ✓
SIDES	PROVENÇAL VEGETABLE LASAGNE ✓ GARLIC WEDGES HOUSE CHOP SALAD	BANG BANG CAULIFLOWER ✓ 5 SPICE RICE & STIR FRIED GREENS	SMOKY SWEET POTATO & RED PEPPER PIE ✓ CHIVE MASH PEAS, GREEN BEANS SAVOY CABBAGE	SPANISH VEGETABLE TORTILLA ✓ SPANISH RICE TOMATO & GREEN BEAN SALAD	MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE ✓
- PASTA & NOODLE POTS -					
CARBONARA PASTA		VEGGIE THAI STYLE NOODLE POT ✓	BOLOGNESE PASTA	CHINESE CHICKEN CHOW MEIN NOODLES	CARBONARA PASTA
ITALIAN TOMATO PASTA - DAILY ✓					
BEANS - CHEESE - JACKET POTATOES - TUNA MAYO - SIMPLY PLAIN					
BIG BOWL SALAD	CLASSIC GREEK SALAD WITH FETA & OLIVES	SQUASH, ROASTED VEGETABLE & CHICKPEA SALAD	SMOKY MEXICAN BEAN CHOPPED SALAD	CRUNCHY RANCH & EGG SALAD	COCONUT CHILLI CHICKEN SALAD
DESSERTS	APPLE & SYRUP SPONGE with Custard	CHOCOLATE SHORTBREAD	KEY LIME CHEESECAKE	CHOCOLATE BANANA CAKE with Custard	BROWNIE with Chocolate Sauce
Daily Meal Deals Regular Chef's Specials	Freshly Made from Scratch DAILY!		Fresh Cut Fruit & Yogurt Pots Available Daily	HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	DELI KITCHEN HOT GRAB & GO